

June

Monday, June 15th

9:00 to 9:50 am - Zoom for Beginners (T. McAteer)

10:00 to 11:30 am - Freedom of Speech & Press Through the Eyes of the Supreme Court

There has been much discussion these days about "Fake News" along with questions about limits to Freedom of Speech and Press. This course will highlight famous Supreme Court decisions (Schenck, Brandenburg, Tinker, Barnette, Miller, etc.) and how they have provided boundaries to these cornerstones of our democracy. This is an interactive course as the students will become the Court to help decide cases. Participants will understand the limits of Speech and Press-- why you can't yell "Fire" in a theatre or why elected leaders never sue the press.

(2 sessions) (T. McAteer) (Second Class - Monday, June 22nd 10:00 to 11:30 am)

1:00 to 2:00 pm - Living Literary History: On & Off the Road with The Beats

The conservative post WWII American literary world was rattled when a young upstart writer, Jack Kerouac, published his rule-breaking novel, *On the Road* in 1957. Cathy Cassady (daughter of Neal Cassady, inspiration for Kerouac's characters Dean Moriarty), will reveal her insider's view of the challenges and perks experienced by her family as a result of being associated with authors Jack Kerouac, Allen Ginsberg, Ken Kesey, etc. Class participants will learn via slides, family photos and documentary film clips what was going on at home while Neal and Jack were "on the road." Carolyn Cassady, Cathy's mother, was a gifted writer and artist whose accomplishments were overshadowed by the antics of the so-called "Beats." Carolyn's life and work will be highlighted augmented by readings from her memoir, *Off the Road; Twenty Years with Neal Cassady, Jack Kerouac and Allen Ginsberg*, and the soon-to-be published poetry book, *Poetic Portrait: Carolyn Cassady Revealed in Poetry and Prose*. Reactions and discussion by the class will be encouraged

(2 sessions) (C. Cassady) (Second Class - Monday, June 22nd 1:00 to 2:00 pm)

5:00 to 6:00 pm - Live Music Mondays with Liz McAteer

Tuesday, June 16th

9:00 to 9:50 am - Fitness Class - Flexible and Fit with Trina

10:00 to Noon - Summer Outings: Historic & Fun Strolls Throughout the Gold Country (T. McAteer)

You will receive an email before this class begins with an attachment about fun strolls and historical spots you may wish to discover this summer. Please print the packet as this course will go through the nine hikes and adventures for you to discover this summer. How to get there, what to do and what to bring! Get out of the heat and head to the hills.

1:00 to 2:00 pm - Travel Tuesday - Jordan: Petra, Jerash, Amman & Dead & Red Seas (T. McAteer)

2:00 to 3:00 pm - Zoom for Beginners- repeat (T. McAteer)

Wednesday, June 17th

9:00 am to Noon - Tech Support for Zoom Users - call 530-265-3000 (T. McAteer)

10:00 to 11:30 am - "Beach Reading" - A Summer Book Club: Finding Dorothy

by Elizabeth Letts tells the engaging story of the making of the movie *The Wizard of Oz*. In 1938, when Maud Gage Baum (Frank's widow) learns that MGM is making a movie version of her husband's famous book, she heads to Hollywood to make sure it's done right. There she meets the young Judy Garland, whom Maud befriends while attempting to influence the making of the movie. We'll meet twice, first to introduce the book, then to review and discuss the book. Students will have time between meetings to read the book on their own.

(2 sessions) (J. Griffin) (Second Class - Wednesday, July 8th 10:00 to 11:30 am)

3:00 to 5:00 pm (repeat) Summer Outings: Historic and Fun Strolls (T. McAteer)

Thursday, June 18th

9:00 to 9:50 am - Fitness Class - Flexible and Fit with Trina

10:00 to 11:00 am - The Black Death

As we continue to experience what has become the most distressing event in recent memory, the emergence of the novel coronavirus, it might do us well to look back at an earlier tragedy in human history and how it affected those who remained alive and future generations. The Black Death was an epidemic which began in Asia in the middle of the 14th century and would spread through all of Europe and Northern Africa. During this class we'll examine the causes and results of this odious time and what we can learn from it.

(2 sessions) (M. Theodore) (Second Class - Thursday, June 25th 10 to 11:00 am)

Thursday, June 18th continued

1:00 to 3:00 pm - Second Generation First Ladies: Elizabeth Monroe & Louisa Adams

Three powerful women set the standard for the role of First Lady of the United States – Martha, Abigail, and Dolley. With those large shoes to fill, Elizabeth and Louisa made their individual marks on the White House and on their husbands' Presidencies. A Francophile and a British-born American citizen, they brought unique perspectives to the role of First Lady.

(2 sessions) (J. Griffin) (Second Class - Thursday, June 25th 1 to 3:00 pm)

Friday, June 19th

10:00 to 11:30 am - Understanding the Electoral College

The Electoral College is a baffling, semi-mysterious portion of the Constitution which defines our Presidential election system. We'll discover why our Founding Father's devised this unique process and the history behind some interesting Presidential elections, similar to 2000, where the Electoral College became the centerpiece of the election. Furthermore, besides understanding how the Electoral College works, we will create a variety of Electoral College scenarios of how the 2020 election might play out. (T. McAteer)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats (8 sessions)

Each week the class will look at the U.S. Senate races throughout the country. We will examine the candidates, the polling data and the issues in each state. Some outside reading is involved along with an open mind! We will look at the races in Kentucky, North Carolina, Maine, Montana, Arizona, South Carolina, Colorado and Kansas.

(T. McAteer) (Every Friday from Noon to 1 pm until August 14th)

2:00 to 3:00 pm - 1918 Spanish Flu Pandemic

More American lives were lost in the 1918 Spanish Flu Pandemic than the total amount of Americans who lost their lives in World War I, World War II, Korea, Vietnam, Kuwait, Afghanistan and Iraq combined. This class will explore the similarities between 1918 and the current outbreak. (T. McAteer)

Monday, June 22nd

10:00 to 11:30 am - (second class) Freedom of Speech and Press (T. McAteer)

1:00 to 2:00 pm - (second class) Living Literary History: On & Off the Road w/The Beats (C. Cassady)

5:00 to 6:00 pm - Live Music Mondays with Liz McAteer

Tuesday, June 23rd

9:00 to 9:50 am - Fitness Class - Flexible and Fit with Trina

10:00 am to Noon - Growing Older with Grace and Grit

Growing older can be challenging in a culture that generally denies aging and glorifies youth. In this overview class, you will learn practical proven tips and tools for a happier, healthier elder life. You will be offered nuggets of knowledge and evidence-based mindfulness practices for- exquisite self-care and fun as we grow older, to let go of inevitable losses as we age, to release the stress of aging, to combat memory loss, to find your calling at any age, and possibly you will find a safe balanced practice of how to accept and prepare for our own death and dying. Come and learn many gems to grow older with grace and grit in a safe, non-pressured, private space.

(R. Lui)

1:00 to 3:00 pm - Travel Tuesday: Inside the Hermit Kingdom of North Korea (J. Amaral)

Wednesday, June 24th

10:00 am to Noon - The Enigma of Brilliance

This session will look at four of the most brilliant minds in recent world history—Steve Jobs, Frank Lloyd Wright, Henry Ford and Mahatma Gandhi. There is scant disagreement that these men changed not only millions of lives of their time but also of present and future lives in small ways and large. We'll take a close look at what shaped them to become brilliant innovators, strategists, politicians and, ultimately, salesmen, while failing significantly and tragically as husbands, fathers and (in Ford's case) patriots.

(2 sessions) (G. Kapur) (Second Session - Wednesday, July 1st 10 to Noon)

Thursday, June 24th continued

2:00 to 3:30 pm - The 2nd Most Famous American Duel: Broderick v. Terry

The second most famous duel in American history took place in California between U.S. Senator David Broderick and California Chief Justice David Terry. We will examine the history of the sport of dueling, look at some other famous duels and understand the lead-up issues to the Civil War which caused this 1856 duel. Leave your pistols in your holster! (T. McAteer)

Thursday, June 25th

9:00 to 9:50 am - Fitness Class - Flexible and Fit with Trina

10:00 to 11:00 am - (second class) The Black Death (M. Theodore)

1:00 to 3:00 pm - (second class) Second Generation First Ladies: Monroe and Adams (J. Griffin)

Friday, June 26th

10:00 to 11:30 am - Understanding the Federal Reserve

The Federal Reserve is often called the Banker's Bank while its Chairman, Jay Powell, is considered the second most powerful person in the U.S. We will examine the history of the Federal Reserve and its fiscal powers. This class will make sense of this mysterious agency which has often clashed with Mr. Trump in recent years.

(T. McAteer)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats - Kentucky (T. McAteer)

Monday, June 29th

10:00 am to Noon - The Fantastical History of the Swastika

Around twelve thousand years ago, a human carved a distinctive design onto a stone. This is the oldest known swastika ever found, and for centuries it was held in various degrees of symbolism and esteem on several continents and in countless cultures. The swastika (from Sanskrit, meaning well-being) has been a symbol of peace and joy in India for thousands of years. The ancient Druids, Celts, Teutonic Knights and Nordic tribes used the design in their artifacts as well. Prior to 1920, the swastika was a popular design in the west on greeting cards, soft drinks, buildings, and sports teams' uniforms. More than a few native American tribes had the swastika woven in their blankets, baskets, and painted on pottery. This class will explore the fantastical history and journey taken by this benign and organic design and its ignoble end in Germany. (G. Kapur)

1:00 to 3:00 pm - The Galapagos: Lessons from a Fragile Land

This course will discuss the history and present state of the Galapagos Islands from their discovery to the modern day. We will see what the government of Ecuador and the people of the Galapagos islands have done will and what they could have done better to protect their fragile land. We will reflect on the lessons we can take from them to protect our fragile land of the California foothills. (L. Johnson)

5:00 to 6:00 pm - Live Music Mondays with Liz McAteer

Tuesday, June 30th

9:00 to 9:50 am - Fitness Class - Chair Yoga with Janet

10:00 am to Noon - A Funny Thing Happened on the Way to a Topic

For a grad school final project, I decided to focus on the local art created by the Works Progress Administration as part of the New Deal during the Great Depression. What I discovered (and uncovered) was both intriguing (as a viewer) and frustrating (as a researcher). I will take you through my process locating local WPA art, how I was able to conduct my research on this project, and how you can do the same now that so much of it is available online. (J. Rankin)

1:00 to 2:00 pm - Travel Tuesday: Estonia and the Baltic Nations (T. McAteer)

July

Wednesday, July 1st

10 am to Noon - (second session) **The Enigma of Brilliance** (G. Kapur)

Noon to 1:30 pm - **Lights! Camera! Action!: Summer Movie Kickoff Challenge- Hitchcock**

Miss going out to the theater to catch the latest flick? Me, too!

Join in the fun of OLLI's July Movie Challenge instead. The theme is Hitchcock. We'll meet on July 1 to discuss the man and his movies. That's when I'll unveil the list of films included in the challenge – two familiar classics, two lesser known films, a documentary, a remake, and even a satire – something for everyone! Then you can watch as many of the movies as you like at home during the month of July with your own popcorn and sweets. We'll gather back again during the first week in August in small discussion groups, pretend we're critics, and chat about the movies. The list of movies, the challenge guidelines, and the links to the movies online will be available at our first Zoom class. (J. Griffin)

2:00 to 4:00 pm - **Coffee, Coffee, BuzzBuzzBuzz: The History of Coffee Culture in America**

Many of us can't get going in the morning without our cup of joe. Do you know how we became a nation of coffee drinkers? Or that some attribute our American Revolution to coffee? In this class we'll explore the wonderful world of coffee and how it became a staple of the American breakfast (and now an all-day mainstay). (J. Rankin)

5:00 to 6:30 pm - **Lights! Camera! Action!: Summer Movie Kickoff- Hitchcock** (repeat) (J. Griffin)

Thursday, July 2nd

9:00 am to 9:50 am - **Fitness Class - Chair Yoga with Janet**

Monday, July 6th

10:00 to 11:30 am—**The Armory Show: That Changed Everything**

In this two-day class we discuss the Impressionists and their vision and how they set up Modernism, a rubric we continue to labor under. The Armory show, 1913 -The organizers of the US Post-Impressionist Show disingenuously declared the show would promote “no propaganda. or controversy with any institution pretending that by bringing over some of the most radical contemporary art to the United States, they were merely offering Americans an opportunity for a dispassionate viewing experience. In reality, their bold project would alter, decisively and permanently, the cultural landscape of America. Learn about what went before this cultural shift and why the show was such a big deal. (C. Bramkamp)

(2 sessions) (Second Session - Monday July 13th 10 to 11:30 am)

2:00 to 4:00 pm - **The Great American Comic Book**

Along with rock and roll and tap dancing, the comic book is one of the few art forms that originated in the USA. This course is a survey of the history of the American comic book, covering the Golden Age (1930s-40s), Silver Age (1954-1970), Bronze Age (1970-1986) and a teeny bit on contemporary comics. The format of the course is lecture (with some discussion), and the lecture will be supported by visual aids. We'll cover the major superhero characters from DC and Marvel, some more obscure superheroes from other publishers, the post-war boom in other genres, the scourge of censorship, Underground and Indie comics, and how changes in distribution and ownership have affected the art form. And we'll look at lots of comic art.

(2 sessions) (D. Shoemaker) (Second Sessions - Monday, July 13th 2 to 4 :00 pm)

Tuesday, July 7th

9:00 to 9:50 am - **Fitness Class - Chair Yoga with Janet**

10:00 to 11:30 am - **Write Your Way Out of Bad Times**

Write your way out of bad times. Journaling is a way to organically organize our thoughts and experiences and transform them into future action. Recent findings linked to the studies of brain plasticity have discovered that consistent journaling can reduce doctor visits and improve overall health. In this two-day class, we will explore how to journal, the health benefits of Journaling and how journaling can jump-start or enhance your creative projects. (2 sessions) (C. Bramkamp) (Second Session - Tuesday, July 14th 10 to 11:30 am)

1:00 to 2:00 pm - **Travel Tuesday: The Magical Country of Greece** (J. Rankin)

Wednesday, July 8th

10:00 to 11:30 am - (second session) Summer Book Club: Finding Dorothy (J. Griffin)

2:00 to 3:30 pm - Exploring the World Inside and Out

After staying at home, we are all ready to explore. We are explorers, both armchair and fact. In this two-day class we will discuss the great explorers (or as many as we can). What drove them? How did the culture and technology of the late 18th and 19th century spark a wave of exploration never seen before or since? Victorian men and women spent the better part of their century exploring the rain forests, sands and frigid wastes of both the planet and their own societies. (2 sessions) (C. Bramkamp) (Second Session-Wednesday, July 15th 2 to 3:30 pm)

Thursday, July 9th

9:00 to 9:50 am - Fitness Class - Chair Yoga with Janet

10:00 to 11:30 am - The Age of Jackson

Part II of this class will continue the analysis of the impacts of the Age of Jackson on the United States. Part I focused on Jackson's background and rise to power, along with the men he competed for power with (Clay, Adams, Calhoun). Part II will look at the issues these men faced during Jackson's two terms in power. This includes America's evolving policy toward native tribes; the spoils system; the nullification crisis; and the bank wars of the period. We will also continue to look at the defining characteristics of American society during this period that led to Jackson's dominance, and how these compare to our age since the election of Donald Trump. For those who missed Part I, this is a standalone course and having attended Part I is not essential.

(2 sessions) (D. Fraser) (Second Session - Thursday, July 16th 10 to 11:30 am)

1:00 to 2:30 pm - Science-based Book Club: The Ghost Map

Using the NPR Science Friday Book Club List as inspiration, this book club will focus on narrative-nonfiction books with scientific stories and topics of current interest. The first book we'll investigate is *The Ghost Map* by Steven Johnson. This engaging true story chronicles the very first time that scientific data was used successfully as a weapon to win a war against an epidemic – the cholera epidemic in London in 1854. This is a medical thriller and a detective story, as well as a case study. Given our current pandemic, this book is particularly fascinating, as it highlights the important role of data and science in medicine. We'll meet twice, first to introduce the book, then to review and discuss the book. Students will have time between meetings to read the book on their own.

(2 sessions) (J. Griffin) (Second Session - Thursday, July 30th 1 to 2:30 pm)

Friday, July 10th

10:00 to 11:30 am - Before the Constitution: Articles of Confederation (1776-1789)

Following the Declaration of Independence on July 4, 1776, our Founding Fathers continued in session to draft a new form of government. They developed the Articles of Confederation and elected Samuel Huntington as the first President of the United States. For 12 years, our fledgling country was governed by these Articles. This class focuses on the drafting and governing under this flawed compact. Rarely does history chat much about this hiccup but we will in this two-hour course. The lessons learned by Washington, Madison and Hamilton helped them frame the U.S. Constitution which was adopted in 1788. (T. McAteer)

Noon to 1:00 pm - Political Forum: Hotly Contested Senate Seats - Colorado (T. McAteer)

2:00 to 4:00 pm - A Day at the Museum

We can't go on a physical field trip, but we can virtually visit museums from around the world. I will highlight some of the offerings of a few museums as well as spotlight a few pieces of art/artists. This will be an introduction into the wonderful and varied content available online and only a "click" away. The first session will focus on art museums and the second session will focus on history museums and archives.

(2 sessions) (J. Rankin) (Second Session - Friday, July 17th 2 to 4:00 pm)

Monday, July 13th

10:00 to 11:30 am - (second session) The Armory Show (C. Bramkamp)

2:00 to 4:00 pm - (second session) The Great American Comic Book (D. Shoemaker)

5:00 to 6:00 pm - Live Music Monday with Liz McAteer

Tuesday, July 14th

9:00 to 9:50 am - Fitness Class - T'ai Chi Short Form with Joseph

10:00 to 11:30 am - (second session) Write Your Way Out of Bad Times (C. Bramkamp)

1:00 to 2:00 pm - Travel Tuesday: Azerbaijan, Armenia and Georgia (T. McAteer)

Wednesday, July 15th

10:00 to 11:30 am - The Best Short Stories of Edgar Allan Poe

The greatest American death, darkness and mystery writer is Edgar Allan Poe. Join us for these classes centered around six of his classic short stories-- The Murders in the Rue Morgue, The Tell-Tale Heart, The Cask of Amontillado, The Fall of the House of Usher, The Gold Bug and the Pit and the Pendulum. Fun reading and great discussions! *Note: Class #1, then two weeks later class #2, then the next week class #3*

(L and T McAteer) (2nd and 3rd Sessions - Weds., July 29th and Aug. 5th 10 to 11:30 am)

2:00 to 3:30 pm - (second session) Exploring the World Inside Out (C. Bramkamp)

Thursday, July 16th

9:00 to 9:50 am - Fitness Class - T'ai Chi Short Form with Joseph

10:00 to 11:30 am - (second session) The Age of Jackson (D. Fraser)

2:00 to 4:00 pm - Free TV

This course will examine television and popular culture, using free material available on YouTube. Dr. Shoemaker will send you a series of links of things he wants students to watch (and things to think about while watching them); you will watch them on your own time, ahead of class, and then we will meet on Zoom to discuss them. The course will include: (1) some basic history of the television industry; (2) some basic methods for analyzing the content and meaning of TV programs; (3) some basic concepts in the study of Popular Culture and Cultural Studies; and (4) some consideration of the relationship between TV and society, and how they affect each other. While we certainly cannot be comprehensive in the amount of time we'll be together, you should be able to do something at the end of class that you didn't know how to do at the start, and you should be able to look at TV from a new perspective.

(2 sessions) (D. Shoemaker) (Second Session - Thursday, July 23rd 2 to 4:00 pm)

Friday, July 17th

10:00 am to Noon - The Rituals, Myths, and History of India

From Mark Twain to Einstein to Ralph Waldo Emerson, who said of India, "It's the voice of an old intelligence," people have been intrigued, mystified and confounded by all that she is. Albert Einstein observed, "We owe a lot to the Indians, who taught us how to count, without which no worthwhile scientific discovery could have been made." This class will also touch on India's relationship with the British and what makes India such a mystery—even to her own people— where every 50 miles or so, dialects, beliefs, food and clothing can change.

(2 sessions) (G. Kapur) (Second Session - Friday, July 24th 10 to Noon)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats - Maine (T. McAteer)

2:00 to 4:00 pm - (second session) A Day at the Museum (J. Rankin)

Monday, July 20th

10:00 am to Noon - The Non-Romantic History of the California Missions

Alta California had 21 Spanish Missions while Baja California had 28 Spanish Missions. This class is intended to give a complete historical view of the total 150-year long Mission period (1683-1834) not the romanticized Father Serra portion of your 4th grade history class. In fact, the establishment of California Missions were competitively undertaken by the Jesuit, Franciscan and Dominican Catholic orders from Cabo San Lucas to Sonoma, California. If you are interested in the historical truth behind these self-sustaining agricultural ranchos and their plan to spread Christianity, then this class is for you. We will discuss the rise, success, failures and demise of these early California outposts. (2 sessions) (T. McAteer) (Second Session - Monday, July 27th 10 to Noon)

Monday, July 20th continued

2:00 to 3:00 pm - The World of Alasdair Gray

This short course will introduce readers to the world of Alasdair Gray (1934-2019), one of the most imaginative writers of the last century. While not especially well-known in the USA, Gray is the author of 8 and ½ novels and four short story collections (plus an additional omnibus collection), and has been called the most important Scottish writer since Sir Walter Scott. Gray's axiom, "Work as if you live in the early days of a better nation" is carved into the wall of the Scottish Parliament Building in Edinburgh. Gray was also a visual artist, illustrated his own books, and sometimes used typesetting as an expressive element in his stories. Gray's writing style veers from realism to fabulism (i.e. magical realism), sometimes in the same story. We will be reading short stories from his collection **Unlikely Stories, mostly** which usefully contains stories from the first part of his career, so we can discuss the development of his themes and style. Gray's stories are often funny, sometimes darkly so. His deft use of metaphor and satire render his stories allegories that always point back to social relations in the real world.

Students will have to order the book online (from Amazon, Powell's Books, etc.). The Instructor will make a syllabus with the reading assignments available to you. Before the first-class session, students will have to read a handful of short stories (some of which are only 2-3 pages long). We'll discuss the stories during our first-class session. Then, before our second-class session, students will read two or three of the longer stories from the volume, and we'll discuss those the second time we meet.

(2 sessions) (D. Shoemaker) (Second Session - Monday, July 27th 2 to 3:30 pm)

5:00 to 6:00 pm - Live Music Monday with Liz McAteer

Tuesday, July 21st

9:00 to 9:50 am - Fitness Class - T'ai Chi Short Form with Joseph

10:00 to 11:30 am - Genealogy 101: How to Get Started Finding Your Ancestors

Learn the basics of family history research, including how to organize your information, the best free and paid websites, common mistakes to avoid, and much more. Includes 20-page handout. (S. Rogers)

1:00 to 2:00 pm - Travel Tuesday: A Walking Tour of the Cotswolds (J. Griffin)

Wednesday, July 22nd

10:00 to 11:30 am - "Beach Reading" A Summer Book Club: Eagle and Crane

Eagle and Crane, an historical novel by Suzanne Rindell is a murder mystery set in the Auburn/Newcastle area in the 1930s and 1940s. There are the traveling high-flying daredevil acts and hard scrabble farmers of the Thirties. There are soldiers returning from WWII and families returning from Japanese Internment Camps in the Forties. And of course, there's a love triangle to reconcile and a mystery to solve. We'll meet twice, first to introduce the book, then to review and discuss the book. Students will have time between meetings to read the book on their own. (2 sessions) (J. Griffin) (Second Session - Wed., August 12th 10 to 11:30 am)

1:00 to 2:30 pm - The Wizard of Oz and the 1896 Presidential Election

Did you know that the Wizard of Oz tale by Frank Baum was not a children's classic but a political satire on the Election of 1896? Yes, the scarecrow, lion, wizard, flying monkeys and munchkins (even Toto) were all part of the Bryan v. McKinley contest of 1896. You'll never think of it as a sweet movie again once you learn the truth!! This is a fun three session class!

(3 sessions) (T. McAteer) (Second Session - Weds., July 29th and Aug. 5th 1 to 2:30 pm)

Thursday, July 23rd

9:00 to 9:50 am - Fitness Class - T'ai Chi Short Form with Joseph

10:00 to 11:30 am - The Building of the Transcontinental Railroad

The completion of the Transcontinental Railroad in 1869 was the single largest event which opened up the Western U.S. The class will discuss the politics behind Lincoln's decision to sign the Pacific Railroad Act of 1862, the role of the Big Four (Stanford, Hopkins, Huntington and Crocker) and the fateful story of Theodore Judah.

(2 sessions) (T. McAteer) (Second Session - Thursday, July 30th 10 to 11:30 am)

2:00 to 4:00 pm- (second session) Free TV (D. Shoemaker)

Friday, July 24th

10:00 am to Noon - (second session) The Rituals, Myths and History of India (G. Kapur)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats - Montana (T. McAteer)

Monday, July 27th

- 10:00 to Noon** - (second session) **The Non-Romantic History of the California Missions** (T. McAteer)
- 2:00 to 3:30 pm** - (second session) **The World of Alasdair Gray** (D. Shoemaker)
- 5:00 to 6:00 pm** - **Live Music Monday with Liz McAteer**

Tuesday, July 28th

- 9:00 to 9:50 am** - **Fitness Class - Qigong with Anney**
- 10:00 to 11:30 am** - **Using DNA Testing to Solve Genealogical Problems**
A clear, non-scientific explanation of the three types of DNA tests and how the presenter used them to confirm her direct maternal and paternal lines, as well as find cousins and eventually meet relatives in Germany. Handout provides further resources. (S. Rogers)
- 1:00 to 2:00 pm** - **Travel Tuesday: Albania - Coming Out of the Dark Ages** (T. McAteer)

Wednesday, July 29th

- 10:00 to 11:30 am** - (second session) **The Best Short Stories of Edgar Allan Poe** (L and T McAteer)
- 1:00 to 2:30 pm** - (second session) **The Wizard of Oz and the 1896 Election** (T. McAteer)

Thursday, July 30th

- 9:00 to 9:50 am** - **Fitness Class - Qigong with Anney**
- 10:00 to 11:30 am** - (second session) **The Building of the Transcontinental Railroad** (T. McAteer)
- 1:00 to 2:30 pm** - (second session) **Science-based Book Club: The Ghost Map** (J. Griffin)

Friday, July 31st

- 10:00 to 11:30 am** - **Understanding the Working of the U.S. Supreme Court**
Have you ever thought... what do Supreme Court Justices do? How do the nine of them get along? What happens behind those closed doors as they decide important cases? How do cases reach the Supreme Court? How do they decide what cases to hear? Through video clips and a bit of lecturing, this two-hour long class will answer these questions and more. This class will provide you a much better understanding of the third branch of government. (T. McAteer)
- Noon to 1:00 pm** - **Political Forum: Hotly Contested U.S. Senate Seats - Arizona** (T. McAteer)

August

Monday, August 3rd

- 10:00 am to Noon** - **Lesser Known Early First Ladies - Jackson through Polk**
The earliest First Ladies set the standard for all those who came after them. Following their lead, some First Ladies succeeded, some failed, some never were, some simply wanted no part of it. We'll take a look at the wives of Presidents # 7-11 – Jackson, Van Buren, Harrison, Tyler, and my favorite, Sarah Polk. They're all fascinating women, who lived interesting lives, and though each had an impact her husband and his career, only one, the amazing Sarah, left a significant mark on the role of First Lady. (J. Griffin)
(Second Session - Monday, August 10th 10 to 11:30 am)
- 2:00 to 4:00 pm** - **America's Utopian Experience**
From the Shakers to Brooke Farm to the Oneida community, America was a land of opportunity to experiment with forming a better society. These experiments were purely American in that they were formed by people who were not limited by the strictures of the past prevalent in Europe at the time. In America, these societal pioneers did not ask why as much as they asked why not.
(2 sessions) (D. Morehouse) (Second Session - Monday, Aug. 10th 2 to 4:00 pm)
- 5:00 to 6:30 pm** - **What Critics Have to Say: Summer Movie Challenge** (Small Group Chats)
(this class is repeated every day this week at the same time) (J. Griffin)

Tuesday, August 4th

9:00 to 9:50 am - Fitness Class - Qigong with Anney

10:00 to 11:30 am - Facebook for Genealogy, Even if You Hate Facebook

Learn how and why you should use Facebook Groups as a powerful and effective tool for making breakthroughs in your genealogy research (with many specific examples), even if you never use it for anything else. Includes 8-page handout. (S. Rogers)

1:00 to 2:00 pm - Travel Tuesday: Morocco - A Delightful North African Jaunt (T. McAteer)

5:00 to 6:30 pm - What Critics Have to Say: Summer Movie Challenge (Small Group Chats)
(this class is repeated every day this week at the same time) (J. Griffin)

Wednesday, August 5th

10:00 to 11:30 am - (third session) **The Best Short Stories of Edgar Allan Poe** (L and T McAteer)

1:00 to 2:30 pm - (third session) **The Wizard of Oz and the 1896 Election** (T. McAteer)

5:00 to 6:30 pm - What Critics Have to Say: Summer Movie Challenge (Small Group Chats)
(this class is repeated every day this week at the same time) (J. Griffin)

Thursday, August 6th

9:00 to 9:50 am - Fitness Class - Qigong with Anney

10:00 to 11:30 am - The Early Roots of American Socialism

The late 1800's and early 1900's brought worker unrest, protests and political activism. Due to huge disparities in wealth, the newly formed Socialist Party began to take hold in America and ran Eugene Debs multiple times for President. This course will examine the social upheaval of this period culminating with the Palmer Raids in 1919 to quash socialism and communism. It is a perfect centennial discussion for looking at similar issues in today's America.

(2 sessions) (T. McAteer) (Second Session: (next day) Fri., Aug 7th 10 to 11:30 am)

2:00 to 3:30 pm - Howling Mad: Radical Poetry and Recitation

This course is based on **Howl and Other Poems** by Allen Ginsberg. These poems contain explicit language about sexuality, drug use, and American politics. Please do not take the course if such content is offensive to you. Students will need to order the book online in advance of the first-class session, and should at least have a look at it before our course begins. In our first session, we will consider the language, meaning, and social contexts of the poems included in the very slim book. We will pay some attention to the performance dimension of the poems, and the process of composing poetry. Between our two class sessions, students will write three poems of their own: one poem of protest, one poem of praise, and one poem about anything you want. In our second-class session, we will have the opportunity to read (at least some of) what we wrote (depending on how many people register for the class, and how brave you are). This course is perfect for those of you who secretly yearn to voice your wildest musings, but think you are too shy to do so. In this course, you will be sitting in the privacy of your own home, in front of your screen, and if you don't want people looking at you while you read, you can disable the video feed and keep the audio on. So, this is your big chance. While we are cocooned in isolation, join us in envisioning and articulating a better world.

(2 sessions) (D. Shoemaker) (Second Session - Thursday, August 13th 2 to 3:30 pm) (Note:

5:00 to 6:30 pm - What Critics Have to Say: Summer Movie Challenge (Small Group Chats)
(this class is repeated every day this week at the same time) (J. Griffin)

Friday, August 7th

10:00 to 11:30 am - (Second Session) **The Early Roots of American Socialism** (T. McAteer)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats - S. Carolina (T. McAteer)

5:00 to 6:30 pm - What Critics Have to Say: Summer Movie Challenge (Small Group Chats)
(this class is repeated every day this week at the same time) (J. Griffin)

Monday, August 10th

10:00 am to Noon - (Second Session) **Lesser Known First Ladies** (J. Griffin)

2:00 to 4:00 pm - (Second Session) **America's Utopian Experience** (D. Morehouse)

Tuesday, August 11th

9:00 to 9:50 am - Fitness Class - Body Tone and Tune-up with Kathrin

10:00 to 11:30 am - Finding Your Irish Ancestors

Learn about the many free websites now available for researching your Irish and Scots-Irish ancestors, with live demonstrations of how the sites works and the records they have, plus a case study. Includes 12-page handout.

(S. Rogers)

1:00 to 2:00 pm - Travel Tuesday: Southern Italy: Land of My Ancestors (J. Guida)

(Second Session: (next day) Wednesday, Aug 12th 1 to 2:00 pm)

Wednesday, August 12th

10:00 to 11:30 am- (Second Session) Summer Reading Book Club: Eagle and Crane (J. Griffin)

1:00 to 2:00 pm- (Second Session) Southern Italy: Land of My Ancestors- Heel to the Toe - (J. Guida)

Thursday, August 13th

9:00 to 9:50 am - Fitness Class - Body Tone and Tune-up with Kathrin

2:00 to 3:30 pm - (Second Session) Howling Mad: Radical Poetry and Recitation (D. Shoemaker)

Friday, August 14th

10:00 am to Noon - The Miracle of Mindfulness - Stress Relief for Elders

All spiritual traditions throughout history have pointed to the body, heart, or the small still voice within as the seat of all wisdom. Most people have difficulty meditating or even accessing a loving inner resource and instead let their inner critic guide them, leading to stress, anxiety and low-grade depression. Join us and learn a powerful, proven and ancient four-step process to gain more inner peace, insight and harmony in this safe and private life changing class. (R. Lui)

Noon to 1:00 pm - Political Forum: Hotly Contested U.S. Senate Seats - Kansas (T. McAteer)

Tuesday, August 18th

9:00 to 9:50 am - Fitness Class - Body Tone and Tune-up with Kathrin

Thursday, August 20th

9:00 to 9:50 am - Fitness Class - Body Tone and Tune-up with Kathrin