

Sierra College Programming Model

By DOCA-Gavin Healy

Topic 1: Diversity

Students and Faculty will be able to comprehend the importance and impact that having a diverse campus can have. In terms of representation, intersectionality, and understanding the importance of respecting others culture. And celebrate such differences.

Examples:

- Dinner around the World
- Fall welcomes (different clubs geared towards diff incoming students)
- Pride event
- Events geared towards culture
- Lunar new year/Eid

Topic 2: Environment and Sustainability

Students and Faculty will understand the importance of maintaining a healthy environmental lifestyle. As well as the current state of planet, tools to be more sustainable, and the impact actions can have on the environment.

Examples:

- Earth Day Trash Pickup
- Ways you can save water (Like a booth setup)
- Vegan lunch in and presentation on agriculture
- Sierra College Community garden

Topic 3: Community Building

Students and Faculty will attempt to host community outreach events, that seek to improve the quality of the surrounding community. Showcasing the importance of connecting with one's community and forming relationships.

Examples:

- Homeless drive (Collecting food, water, clothing etc to donate)
- Small Business Day (Having a bunch of small business come to campus)
- Tutoring program for elementary schools

Topic 4: Crucial Life Skills

As many younger students can attest, they feel as if they are missing crucial life skills. These programs can be hosted by faculty and will help students learn skills that may be required of them in the adult/post-highschool world they find themselves in. .

Examples:

- How to replace a car tire
- How to fill out an unemployment form
- Tips on how to perform during an interview
- Night class on making dinner/how to cook
- Counselor(s) talking about healthy relationships

Topic 5: The Importance of Health and Wellness

Students and Faculty will learn about the importance of leading a healthy life. As people become more stressed and find themselves in unhealthy habits, it is key to teach them effective coping mechanisms and other healthy habits to combat stress, anxiety, etc.

Examples:

- Once a month meditation with the health center

- Sierra College 5K run and the importance of physical activity
- Destress night (Like a film showing with free food)
- Massage therapy
- Paint/Draw with ASSC
- Health Fair

Topic 6: Fine Arts

Students and Faculty will hopefully take notice of the importance that art has on our lives. Finding a deeper appreciation for the art they may find themselves observing daily and the beauty that can be found within it. And how it can serve as a medium of expression.

Examples:

- Theatre in the Amphitheater
- Fashion Show
- Poetry Slam
- Concert in the quad/ Musical event
- Photography exhibit and competition