



Women , Infants, and Children (WIC) Supplemental Nutrition Program



Need Extra Help Buying Groceries?

You may qualify for WIC!

Are you Pregnant?

Just Had a Baby?

Have Infant/Children/Foster Children Under Age 5?

Have a Limited Income?

Then... you may qualify for the many no cost services of the WIC Program.

WIC Services Include:

- WIC Card to buy healthy foods
- Nutrition information
- Breastfeeding education and support (Lactation Services)
- Referrals to health and community services

Migrants and Many Working Families May Qualify!

**You may automatically qualify if you receive
Medi-Cal, CalFresh or CalWorks.**

You may qualify if your income is equal to or less than:

Number of Persons in Family Unit	Annual Income	Monthly Income
1	\$23,606	\$1,968
2	\$31,894	\$2,658
3	\$40,182	\$3,349
4	\$48,470	\$4,040
5	\$56,758	\$4,730

This institution is an equal opportunity provider.

Contact us:

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Or

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Email:

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*Call for more information
and see how WIC can
help you and your family!*

