Health Education Program

ISLOs, PSLOs, CSLOs, Mapping, and Assessment Plan

			Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
			F 2013	S 2014	F 2014	S 2015	F 2015	S 2016	F 2016	S 2017	F 2017	S 2018	F 2018	S 2019
	INSTITUTIONAL STUDENT LEARNING OUTCOMES - ISLOs													
ISLO 1	**COMMUNICATION**													
1A	Read													
1B	Listen													
1C	Write													
1D	Dialogue													
ISLO 2	**TECHNOLOGY AND INFORMATION COMPETENCY**													
2A	Demonstrate Technical Literacy													
2B	Apply Technology													
2C	Access Information													
2D	Evaluate and Examine Information													
ISLO 3	**CRITICAL AND CREATIVE THINKING**													
3A	Inquire													
3B	Analyze													
3C	Problem Solve													
3D	Express													
ISLO 4	**CITIZENSHIP**													
4A	Ethics													
4B	Diversity													
4C	Sustainability/Global Awareness													
4D	Personal Responsibility													

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	Health Education PROGRAM OUTCOMES - PSLOs	**Related ISLOs**	C- Completed, P- Planned											
PSLO A	Demonstrate the basic skills of first aid and CPR	1A, 1C, 1D, 2B, 3B, 3C, 4A, 4B												
PSLO B	Distinguish principles of healthy weight management through exercise and nutrition	1A, 1B, 1C, 1D, 2A, 2C, 2D, 3B, 3C, 4B, 4C, 4D												
PSLO C	List and practice the six components of Wellness and/or the five components of Health-Related fitness.	1A, 1C, 1D, 2A, 2B, 2D, 3A, 3B, 3D, 4A, 4B, 4C, 4D												
PSLO D	Demonstrate knowledge of how the Heart functions.	3A, 3B												
PSLO E	Create a balance between physical fitness, social well-being, heath, and academic success.	1B, 1D, 2A, 2B, 2C, 2D, 3A, 3B, 3C, 3D, 4A, 4D												
	HED 1 - Standard First Aid/Community CPR	**Related PSLOs**	C- Completed, P- Planned											
CSLO 1	Identify the specific emergency action in the correct order for specific emergencies like ones concerning breathing, bleeding and shock.	D		C				C						P
CSLO 2	Compare and contrast the skills used in treating special populations such as children and older adults.	B, C, E		C										
CSLO 3	Demonstrate the first aid care that is needed in common medical emergencies.	A		C										
CSLO 4	Establish a plan of prevention of childhood and adult injuries both at home and in the workplace.	A, D		C										

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	HED 2 - Health Education													
CSLO 1	Analyze "overall wellness" and what can be done to maintain and improve it.	B, C, E		C					C					
CSLO 2	Analyze the goal of "psychological wellness" and identify five strategies for enhancing psychological and spiritual well-being.	B, C, E		C										
CSLO 3	Diagnose and describe the signs of substance abuse and addiction.	B, E		C										
CSLO 4	Discuss three current recommendations for healthy eating and how to use food labels in making healthy choices.	B, D, E		C										
CSLO 5	Identify and analyze six of the controllable and uncontrollable risk factors for cardiovascular disease.	C, E		C										
	HED 10 - Health and Aging													
CSLO 1	Demonstrate understanding of health promotion and preventative action for aging populations.	B,C,D												P
CSLO#	**COURSE NUMBER: COURSE NAME**	**Related PSLO**												