

# Kinesiology Program

## ISLOs, PSLOs, CSLOs, Mapping, and Assessment Plan

CHANGES ARE HIGHLIGHTED IN PURPLE-ALSO NEED TO CHANGE #30 SEE NOTE			Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
			F 2013	S 2014	F 2014	S 2015	F 2015	S 2016	F 2016	S 2017	F 2017	S 2018	F 2018	S 2019
<b>INSTITUTIONAL STUDENT LEARNING OUTCOMES - ISLOs</b>														
<b>ISLO 1</b>	<b>COMMUNICATION</b>													
1A	Read			X	X		X							
1B	Listen			X	X		X							
1C	Write			X	X		X							
1D	Dialogue			X	X		X							
<b>ISLO 2</b>	<b>TECHNOLOGY AND INFORMATION COMPETENCY</b>													
2A	Demonstrate Technical Literacy			X	X		X							
2B	Apply Technology			X	X		X							
2C	Access Information			X	X		X							
2D	Evaluate and Examine Information			X	X		X							
<b>ISLO 3</b>	<b>CRITICAL AND CREATIVE THINKING</b>													
3A	Inquire			X	X		X							
3B	Analyze			X	X		X							
3C	Problem Solve			X	X		X							
3D	Express			X	X		X							
<b>ISLO 4</b>	<b>CITIZENSHIP</b>													
4A	Ethics			X	X		X							
4B	Diversity			X	X		X							
4C	Sustainability/Global Awareness			X	X		X							
4D	Personal Responsibility			X	X		X							
<b>KIN PROGRAM OUTCOMES - PSLOs</b>			<b>Related ISLOs</b>		Enter "X" in boxes as appropriate									
PSLO A	Establish a measurable improvement in one or more fitness components.	1A-D, 2B-D, 3A, 3B, 3D, 4A, 4D		X	X		X							
PSLO B	Distinguish principles of healthy weight management through exercise and nutrition.	1A, 1D, 2C, 2D, 3A-C, 4A-D		X	X		X							
PSLO C	Identify and practice high safety standards, support environmental needs, and provide a safe positive experience for other participants (students, student athletes, visiting athletes, community, faculty).	1B-D, 3A-D, 4A, 4D		X	X		X							









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<b>KIN 0032 (PHED 0016) Tennis</b>															
CSLO 1	Analyze and recall the rules and etiquette of tennis.	E													
CSLO 2	Apply basic skills such as the serve, forehand, backhand, volley, lob and overhead strokes.	A,B,D,E								C					
CSLO 3	Design a pre and post match warm-up and cool down regimen.	D													
CSLO 4	Analyze the rules and etiquette of tennis.	D,E													
<b>KIN 0033 (PHED 0026) Volleyball</b>															
CSLO 1	Illustrate the fundamental skills of power volleyball which include the serve, set, dink, pass and the hit.	E,D													
CSLO 2	Exhibit the ability to function as a member of a team performing in the intra-class tournament with an attitude of fair play, competitive spirit and qualities of leadership.	D,E								C					
CSLO 3	Model advanced offensive and defensive court positioning.	D,E								P					
<b>KIN 0034 Beach Volleyball</b>															
CSLO 1	Illustrate the fundamental skills of beach volleyball which include the serve, set, dig, pass and the hit.														
CSLO 2	Exhibit the ability to function as a member of a team performing in the intra-class tournament with an attitude of fair play, competitive spirit and qualities of leadership.														
CSLO 3	Model offensive and defensive court positioning.														
CSLO 4	Explain beach volleyball rules and etiquette.														
<b>KIN 35A Futsal Level 1</b>															
CSLO 1	Differentiate basic futsal formations, both attacking and defending.														
CSLO 2	Outline the FIFA futsal laws of the game.														
CSLO 3	Illustrate the fundamental skills of futsal which include dribbling, passing, shooting, and receiving.														
<b>KIN 35B Futsal Level 2</b>															
Prepare and plan advanced principles of attack and defense.															
Analyze and execute tactical decisions based on court location.															
Exhibit fair play and sportsmanship following the laws of the game.															
<b>KIN 0040 (PHED 0008) Aquacise</b>															
CSLO 1	Evaluate safe and harmful movements in the class.	C													
CSLO 2	Demonstrate knowledge of emergency water safety.	C,D								C					
CSLO 3	Analyze movement on land versus movement in water.	D,E													
<b>KIN 0041 (PHED 0036) Fundamental Swimming</b>															
CSLO 1	Analyze backstroke technique.	A,D,E													
CSLO 2	Critique a swimming fitness program.	A,D,E		X								C			
CSLO 3	Evaluate target heart rate assessment techniques.	D,B,E													
<b>KIN 0042 (PHED 0039) Swimming Conditioning</b>															
CSLO 1	Analyze safe and harmful water movements.	C								C					
CSLO 2	Evaluate land and water conditioning programs.	C,D												P	
CSLO 3	Perform drills that relate to the freestyle stroke.	A,D,E													

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CSLO 4	Construct a workout that develops cardiovascular endurance.	A,B,D,E											
	<b>KIN 0043 (PHED 0035) Lifeguard Training</b>	Enter "X" in boxes as appropriate											
CSLO 1	Describe the skills needed to respond appropriately to respiratory and cardiac emergencies.	C,D											
CSLO 2	Determine in writing legal considerations of a lifeguard in performance of their responsibilities.	E											
CSLO 3	Demonstrate the skills needed to prevent an aquatic emergency.	C,D											
CSLO 4	Demonstrate through skills tests all skills developed to the level specified by the American Red Cross to receive certification.	A,D,E											
CSLO 5	Explain orally the techniques necessary for interacting with the public including working with diverse cultures.	D											
	<b>KIN 0044 (PHED 0033) Recertification for Lifeguard Training &amp; Professional Rescue CPR</b>												
CSLO 1	Identify behaviors of a swimmer, distressed swimmer and an active or passive drowning victim.	E,D											
CSLO 2	Describe the general procedures for an emergency occurring in the water or on land.	C,D,E											
CSLO 3	Demonstrate competency in all required skills and activities.	A,D,E											
CSLO 4	Recognize and care for possible head, neck or back injuries.	C,E											
CSLO 5	Demonstrate how to perform equipment-based rescues.	C,D,E											
	<b>KIN 0050A (PHED 0056A) Ballet I</b>												
	<b>The wrong ourcomes are in WebCMS:They are related to yoga.</b>												
	<b>KIN 50B (PHED 0056B) Ballet II</b>												
CSLO 1	Demonstrate a measure of improved muscular abilities such as flexibility, balance and coordination.	A,D,E						C				P	
CSLO 2	Evaluate the history of ballet and compare and contrast historical evolution.	D,E											
CSLO 3	Demonstrate an understanding of ballet terminology at the intermediate level.	D,E											
CSLO 4	Illustrate mastery in advanced pointe work including proper technique and training of ballet skills.	C											
	<b>KIN 0051 (PHED 0054) Jazz Dance</b>	Enter "X" in boxes as appropriate											
CSLO 1	Perform a proper warm-up routine for the class that focuses on flexibility through increased range of motion of joints.	C											
CSLO 2	Recognize and define given dance terminology as presented in class by the instructor.	D,E											
CSLO 3	Assess floor work and locomotor skills through video analysis of a performance.	A,D,E											
CSLO 4	Apply elements of jazz dance composition (e.g., time, space, energy dynamics and intensity) measured through instructor evaluation of assigned choreography compositions.	A,D,E			X				C				P
CSLO 5	Evaluate a performance of specific jazz steps and be able to perform the steps in a jazz composition of their own design measured by instructor evaluation.	D,E											
	<b>KIN 0052 (PHED 0051)</b>												
	<b>There are no CSLO's in WebCMS</b>												







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<b>KIN 0086 (PHED 0086) Psychology of Sport</b>													
CSLO 1	Examine the relationship between sports psychology and stress/burnout.					C							
CSLO 2	Demonstrate knowledge of current psychological trends in sports and fitness.										P		
CSLO 3	Outline team building and cohesion techniques.												
CSLO 4	Correlate psychology and rehabilitation of sports injuries.												
<b>KIN 0087A (PHED 0089A) Theory of Baseball</b>		Enter "X" in boxes as appropriate											
CSLO 1	Compare and contrast situations from game videos and case studies to analyze the mental attitude of successful baseball players.			X				C					
CSLO 2	Identify and explain special defensive situations in the infield.		X										
CSLO 3	Analyze the main characteristics of relay throws and double cut offs to home plate and all other bases.												
CSLO 4	Analyze the hitting mechanics used to hit an outside pitch and an inside pitch.												
<b>KIN 0087B (PHED 0089B) Theory of Basketball</b>													
CSLO 1	Analyze the basic fundamentals of basketball including offensive and defensive skill sets.			X				C					
CSLO 2	Develop coaching strategies for end of game special situations, such as: last second press schemes and time and score clock management.												
CSLO 3	Assess the benefits of incorporating a match up zone defense versus straight man to man.												
<b>KIN 0087C (PHED 0089F) Theory of Football</b>													
CSLO 1	Create and develop football game strategy.												
CSLO 2	Develop and demonstrate graphically creative practice routines for offense, defense, and special teams.									C			
CSLO 3	Analyze game video and develop game plan strategies.												
CSLO 4	Practice and simulate mental approach and simulate action - knowing how to match your strength with their weakness.												
CSLO 5	Through discussion and analysis, break down individual and unit strategies.			X									
<b>KIN 0087D Theory of Soccer NO CSLO's in WebCMS</b>													
CSLO 1													
CSLO 2													
CSLO 3													
CSLO 4													
CSLO 5													
<b>KIN 0087E (PHED 0089C) Theory of Softball</b>													
CSLO 1	Critique hitting mechanics.												
CSLO 2	Analyze the mental attitude of softball players' nutrition.			C				C					
CSLO 3	Analyze game video and situations.												
CSLO 4	Evaluate safety concerns in the game of softball.												
<b>KIN 0087F (PHED 0089G) Theory of Volleyball</b>													
CSLO 1	Demonstrate knowledge of offensive and defensive strategies in volleyball competition.												
<b>KIN 0088 (PHED 0088) Introduction to Coaching Team Sports</b>													
CSLO 1	Examine the various coaching philosophies for various sports.												
CSLO 2	Critique a summer conditioning program for a specific sport of choice.			C				C					



