

Local Resources

- [Placer County PFLAG](#) — "Parents, Families, Friends, and Allies United with LGBT People"
- [National PFLAG](#)
- [Sacramento LGBT Center](#)
- [PrismQ](#)
- [Gender Health Center](#)
- [Lavender Library](#)
- [Sutter Gender Identity Support Group](#)
- [Sacramento Trans Youth](#)
- [Senior LGBT Services](#)
- [CARES Foundation](#)
- [Sierra Foothills AIDS Foundation](#)
- [Sacramento Rainbow Chamber of Commerce](#)

National Organizations

General

- [Anti-Violence Project](#)
- [CenterLink](#) - Community of LGBTQ Centers
- [COLAGE](#)
- [Family Acceptance Project](#)
- [GLAAD](#) - Gay & Lesbian Alliance Against Defamation
- [GLSEN](#) - Gay, Lesbian, Straight Education Network
- [GMHC](#) - Gay Men's Health Crisis
- [Human Rights Campaign](#) (HRC)
- [It Gets Better Project](#)
- [Matthew Shepard Foundation](#)
- [Movement Advancement Project](#)
- [National Gay and Lesbian Task Force](#)
- [Out & Equal](#)
- [Parents, Families and Friends of Lesbians and Gays \(PFLAG\)](#)
- [Straight for Equality](#)
- [The "Not All Like That" \(NALT\) Project](#)
- [The Religious Institute](#)
- [The Trevor Project](#)
- [The Williams Institute](#)
- [Transgender Law Center](#)

Political

- [Equality Federation](#)
- [Human Rights Campaign \(HRC\)](#)
- [National LGBTQ Task Force](#)
- [Victory Fund](#)

Bisexual

- [BIENESTAR](#)
- [BiNetUSA](#)
- [Bisexual.org](#)
- [Bisexual Resource Center](#)

Youth

- [Gay, Lesbian & Straight Education Network \(GLSEN\)](#)
- [GSA Network](#)
- [LGBTQ Student Resources & Support](#)
- [Point Foundation](#)
- [Safe Schools Coalition](#)
- [The Trevor Project](#)

Military

- [The American Military Partner Association \(AMDA\)](#)
- [American Veterans for Equal Rights](#)
- [Modern Military Association of America](#)
- [Palm Center](#)
- [Transgender American Veterans Association](#)
- [Veterans for Human Rights](#)

Transgender

- [National Center for Transgender Equality \(NCTE\)](#)
- [Sylvia Rivera Law Project](#)
- [Transgender Law Center](#)
- [Transgender Legal Defense & Education Fund](#)

Aging

- [National Resource Center for LGBT Aging](#)
- [Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders \(SAGE\)](#)

Legal

- [American Civil Liberties Union \(ACLU\)](#)
- [Lambda Legal](#)
- [The LGBT Bar](#)
- [National Center for Lesbian Rights \(NCLR\)](#)

Are you, or is someone you know, in crisis?

- [National Suicide Hotline](#): 800-273-8255
- [Trevor Hotline](#): Call 1-866-488-7386 or text "TREVOR" to 1-202-304-1200
- [Trans Lifeline](#): Call 877-565-8860