

Sample Academic Plan: Allied Health- Allied Health General AS Degree

Catalog: 22-23

GE Pattern: Sierra College

Full Time, Total Units: 60

NOTE: This program roadmap represents one possible pathway to complete the program. Please see a counselor to create an academic plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call (916) 660-7400.

First Year

Semester 1 (15 units)

Course Number	Course Title	Units	Area
ALH 0020	Intro to Allied Health	1 unit	Major
ENGL 0001A	College Read/Write/Research	4 units	SC Area D1/LS1/LS2
CHEM 0002A/BIOLOG 0005	Introduction to Chemistry I/Human Anatomy	5 units	Major Elect/SC Area A
	General Education	3 units	SC Area C
	Elective	2 units	Elective

Semester 2 (15-16 units)

Course Number	Course Title	Units	Area
PSYC 0100/SOC 0001	General Prin of Psychology/Intro to Sociology	3 units	Major Elect/SC Area B
MATH 0013/SOC 0015	Elementary Statistics/Intro to Stats in Sociology	3-4 units	Major Elect/SC D2/LS 4
	Elective	3 units	Elective
	Elective	3 units	Elective
	Elective	3 units	Elective

Second Year

Semester 3 (15 units)

Course Number	Course Title	Units	Area
COMM 0001	Fundamentals of Public Speaking	3 units	Major Elect/SC Area LS 3
	General Education	3 units	SC Area F
	Elective	3 units	Elective
	Elective	3 units	Elective
	Elective	3 units	Elective

Semester 4 (14-15 units)

Course Number	Course Title	Units	Area
NUTF 0010	Principles of Nutrition	3 units	Major Elective/SC Area E
	Elective	3 units	Elective
	Elective	3 units	Elective
	Elective	3 units	Elective
	Elective	2-3 units	Elective