

# Sample Academic Plan: Allied Health- Allied Health Pre-Nursing AS Degree

Catalog: 22-23

GE Pattern: Sierra College

Full Time, Total Units: 60

NOTE: This program roadmap represents one possible pathway to complete the program. Please see a counselor to create an academic plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call (916) 660-7400.

## First Year

### Semester 1 (14 units)

Course Number	Course Title	Units	Area
ALH 0020	Intro to Allied Health	1 unit	Major
ENGL 0001A	College Read/Write/Research	4 units	Major/SC D1/LS1/LS2
CHEM 0002A	Introduction to Chemistry	5 units	Major/SC Area A
CHEM 0002X	Problem Solving for Chem 2A	1 unit	Recommended Elective
	General Education	3 units	SC Area C

### Semester 2 (14-15 units)

Course Number	Course Title	Units	Area
COMM 0001	Fundamentals of Public Speaking	3 units	Major/SC Area LS 3
PSYC 0100	General Principles of Psychology	3 units	Major/SC Area B
BIOL 0005	Human Anatomy	5 units	Major
MATH 0013/SOC 0015	Elementary Statistics/Intro to Stats in Sociology	3-4 units	Major/SC Area D2/LS 4

## Second Year

### Semester 3 (15-16 units)

Course Number	Course Title	Units	Area
HDEV 0001	Human Development through the Lifespan	3 units	Major
BIOL 0006	Human Physiology	5 units	Major
	General Education	3 units	SC Area F
	Elective	4-5- units	Elective

### Semester 4 (16 units)

Course Number	Course Title	Units	Area
BIOL 0004	Microbiology	4 units	Major
NUTF 0010	Principles of Nutrition	3 units	Major/SC Area E
ANTH 0002/SOC 0001	Cultural Anthropology/Intro to Sociology	3 units	Major Elective
	Elective	3 units	Elective
	Elective	3 units	Elective