

# Sample Academic Plan: Kinesiology- Kinesiology for Transfer AA-T Degree

Catalog: 22-23

GE Pattern: CSU

Full Time, Total Units: 60

NOTE: This program roadmap represents one possible pathway to complete the program. Please see a counselor to create an academic plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call (916) 660-7400.

## First Year

### Semester 1 (15 units)

Course Number	Course Title	Units	Area
KIN 0081	Introduction to Kinesiology	3 units	Major
MATH 0013	Elementary Statistics	4 units	Major/CSU Area B4
ENGL 0001A	College Read/Write/Research	4 units	CSU Area A2
KIN 003A/0005A	Cardio Fitness I/Weight Training	1 unit	Major Elective
	General Education	3 units	CSU Area C1

### Semester 2 (15 units)

Course Number	Course Title	Units	Area
CHEM 0002A	Introduction to Chemistry I	5 units	Prerequisite/CSU Area B1/B3
HED 0001	Standard First Aid/Community CPR	3 units	Major Elective
KIN 0041/0042	Fund of Swimming/Swim Conditioning	1 unit	Major Elective
	General Education	3 units	CSU Area A3
	Elective	3 units	Elective

## Second Year

### Semester 3 (16 units)

Course Number	Course Title	Units	Area
BIOL 0005	Human Anatomy	5 units	Prerequisite/CSU Area B2
KIN 0051/0053/0054	Jazz Dance/Ballroom Dance/Modern Dance	1 unit	Major Elective
	General Education	3 units	CSU Area A1
	General Education	3 units	CSU Area C1/C2
	General Education	4 units	CSU Area D

### Semester 4 (14 units)

Course Number	Course Title	Units	Area
BIOL 0006	Human Physiology	5 units	Major/CSU Area E
	General Education	3 units	CSU Area D
	General Education	3 units	CSU Area C2
	General Education	3 units	CSU Area F