

# CAREER COACH WORKSHEET

### GO TO: HTTPS://SIERRACOLLEGE.EMSICC.COM (NO WWW!)

You do not need to log into this site, but that also means your results and searches **WILL NOT** be saved--you should plan to do this entire assignment in one sitting **(approx. 30 min.)** 

#### SELECT THE TAKE THE ASSESSMENT BUTTON

Select the 60 Question option (on the right)

Don't take the questions too literally--ex: the first one asks about building kitchen cabinets...if there's anything about kitchen cabinets, building things, working with your hands, etc. that you like, indicate that--don't be specific to just KITCHEN cabinets or not cabinets but other things...)

WHAT ARE YOUR TOP THREE TRAITS?

Find and write down some details from the **trait descriptions** that sound like you:

Write down your top 3 Career Matches and what the percentage match is:

1	%
2	%
3	%

#### CLICK ON THE **MOST INTERESTING** OF YOUR TOP MATCHES

Scroll down to see your **top two** scoring Career matches and their percentage match – and write them here:

0/
 /o

2.

1

#### CLICK ON **ONE** OF THOSE OPTIONS TO SEE RELATED CAREER TITLES

Change the Filter Careers sort (box on the right) to % match. Which career title comes out on top?

CLICK ON THE NAME OF THAT CAREER

If that one doesn't sound good, scroll down until you find one that does - or one that you don't really know about.

What is the **median** salary? \_\_\_\_\_\_ What is the **starting** wage? \_\_\_\_\_\_

What is the top wage? \_\_\_\_\_ How many job openings annually? \_\_\_\_\_

## SIERRA COLLEGE CAREER AND TRANSFER CONNECTIONS SIERRACOLLEGE.EDU/CTC, 916.660.7481, CTC@SIERRACOLLEGE.EDU



NOW SELECT TH	E <b>About</b> tab			
Look at the <b>Daily T</b>	<b>asks</b> - do they match v	what you can/woul	d like to do on a daily basi	s? (mark one)
Not at all	Not really	Kinda	Pretty much	Totally!
How much educat	<b>ion</b> do most people in	the field have?		
	<b>skills</b> that employers a n/would like to do on o		g someone for this position one)	n. Do they
Not at all	Not really	Kinda	Pretty much	Totally!
UNDER THE EMP	LOYMENT TAB, SC	CROLL DOWN TO	COMPANIES POSTI	NG JOBS
Who are the top thr	ee in hiring over the po	ast six months?		
Which is true about	the <b>employment proj</b>	<b>ection</b> graph at the	e bottom? (mark one)	
This job outlook i	s <b>declining</b> Th	iis job outlook is <b>sta</b>	i <b>gnant</b> This job outl	ook is <b>growing</b>
SYNTHESIS: What is the <b>best</b> thi	ng you learned about <sup>.</sup>	the career?		
What is the <b>worst</b> p	art about the career?			
What <b>concerns</b> wou	uld you have about this	s career?		
Now that you know	all of this about this co	areer, <b>is it one you</b>	would consider pursuing	? (mark one)
Not at all	Not really	Kinda	Pretty much	Totally!
What else would y	ou want/need to kno	<b>w</b> before making a	decision?	
			ACK TO <b>OVERVIEW</b> A I COULD HELP PREPAR	
Does <b>Sierra</b> offer a	n available program?	Yes	No	

• If **YES**:

- List the program that seems to be the best fit for you: \_
- You may want to meet with a counselor to confirm or change your major and get support in making other educational decisions to help you explore/pursue this career.
- If **NO**, see a counselor to talk about which program here may help you work toward this career and/or if there is another college close that does specifically teach this program.

## IF YOU AREN'T INTERESTED IN THIS CAREER, THEN CLICK ON THE **ASSESSMENT** TAB OR **CAREERS** TAB TO EXPLORE MORE OPTIONS

If you still want to work toward making a decision or need some more help, consider making an appointment with a counselor.

Moving ahead in college with a career goal in mind is the primary route to success - along with learning as much about your career as possible by taking the right classes, talking with people in the field and completing an internship. Sierra College offers all this and MORE!